



Dr Christopher Laraway, Chartered Clinical Psychologist

BA (Hons), PGDip, DClínPsy, CPsychol

Professional Registration

British Psychological Society (BPS), *Chartered Psychologist*, No. 497140

Health & Care Professions Council (HCPC), *Practitioner Psychologist*, No. PYL32536

Contact

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Education

- Doctorate in Clinical Psychology (DClínPsy), 2012 – 2015, University of Oxford
- Post-Graduate Diploma in Psychology (PGDip), 2008, Oxford Brookes University
- BA (Hons) Comparative American Studies, 2002 – 2006, University of Warwick

Employment

January 2023 to present:

Surrey and Borders Partnership NHS Trust

Family Safeguarding Parent Mental Health Team

Principal Clinical Psychologist

February 2021 to January 2023:

Tavistock and Portman NHS Trust

Family Drug and Alcohol Court Team

Deputy Clinical Lead, Highly Specialist Clinical Psychologist

January 2019 to February 2021:

Whittington Health NHS Trust, Islington Child and Adolescent Mental Health Service

Enhanced Team, based in Islington Children's Social Care

Senior Clinical Psychologist

March 2018 to March 2019:

South London and Maudsley NHS Trust, Adult Integrated Psychological Therapies Team

Clinical Psychologist

February 2017 to March 2018:

Whittington Health NHS Trust, Islington Child and Adolescent Mental Health Service

Youth Offending Service and Targeted Youth Support Team Lead

Senior Clinical Psychologist

October 2015 to January 2019:

Whittington Health NHS Trust, Islington Child and Adolescent Mental Health Service

Behaviour Pathway Team

Schools and Pupil Referral Unit (PRU) Team

Clinical Psychologist

October 2012 to September 2015:

Tavistock and Portman NHS Trust, Adolescent and Young Adult Service

Oxford Health NHS Trust, Older Adult Community Mental Health Service

Clinical Experience

Assessment

- Clinical lead on assessments for the pan-London Family Drug and Alcohol Court team involving drug and/or alcohol use, physical and mental health, domestic violence, and complex systemic difficulties
- Providing legally instructed assessments of children and families
- Providing highly specialist mental health assessments of young people and their families
- Use of individual, parent, and family clinical interviews
- Assessment of attachment and parent-child relationships
- Assessing impact of child maltreatment and developmental trauma, including emotional, physical and sexual abuse, and neglect
- Cognitive assessment of children and adolescents
- Screening and assessment of ADHD (as part of multi-disciplinary team)
- Screening of neurodevelopmental difficulties, e.g. ASC (non-diagnostic)
- Assessing parental mental health, including interpersonal difficulties and complex trauma
- Providing specialist psychological assessment and formulation for adults with moderate to severe depression, anxiety, trauma and personality disorders
- Use of psychometric assessments to screen for mental health, parental stress, personality, and reflective functioning
- Cognitive assessment of adults

Intervention

- Developing and monitoring interventions for alcohol and substance abuse difficulties, in addition to complex trauma, as Deputy Clinical Lead of the pan-London Family Drug and Alcohol Court team
- Providing specialist psychologist formulation and intervention for adults with moderate to severe depression, anxiety, trauma and personality disorders
- NICE guideline recommended treatment for a range of mental health difficulties including anxiety disorders and depression in children and adolescents
- Systemic interventions for attachment difficulties, developmental trauma, and parent-child relationships

Specific Training

- Internal Family Systems Therapy (Level 1) – September 2022, *IFS-UK*
- Video Interaction Guidance – March 2022, *Tavistock and Portman NHS Foundation Trust & Association for Video Interactive Guidance UK*
- Circle of Security Group Facilitator Training – August 2021, *Circle of Security International*
- Mentalization Based Family Therapy – October-December 2021, *Anna Freud Centre*
- Courtroom Skills and Giving Evidence for Social Services – November 2021, *Bond Solon*
- Schema Focused Therapy Clinical Workshop – September 2018, *South London & Maudsley NHS Trust*
- Non-Violent Resistance Clinical Workshop, March 2018, *Oxleas NHS Trust*
- Attachment Regulation and Competency Framework – Trauma Informed Practice – May 2017, *Boston Trauma Centre*
- Trauma-Focused CBT for Children and Adolescents – January 2017, *Islington Child and Adolescent Mental Health Service*
- Emotionally Focused Couples Therapy (Externship) – July 2015, *International Centre for Excellence in Emotionally Focused Therapy*

